

Menu

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>	Cheerios	Toast	Rice Krispies	Toast	Cheerios
<i>Dinner</i>	Cheese on toast with tomatoes	Cheese and crackers and salad sticks	Mild Chicken Curry and rice	Crumpets and cheese with salad sticks	Sausage rolls, potato wedges and salad
<i>Tea</i>	Tomato pasta bake and salad	Fish fingers, new potatoes and carrots	Chicken nuggets, potato waffles and peas	Tuna pasta bake and salad	Macaroni cheese with salad and garlic bread

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>	Cheerios	Toast	Rice Krispies	Toast	Cheerios
<i>Dinner</i>	Cheese sandwiches	Beans on toast	Tomato and cheese pizza with salad sticks	Spaghetti on toast	Ham sandwiches with salad sticks
<i>Tea</i>	Lasagne and peas	Sausages, mashed potato and peas	Spaghetti Bolognese	Chilli Con carne and rice	Irish stew and crusty bread

In addition to the above meals children will be given a fruit snack at 10am and 3:00pm, they will also be offered a plain biscuit with the morning snack. Drinks are always available in the children's own cups.

We constantly strive to provide children with healthy meals and snacks, and must ensure that meals are giving the children a balanced diet. Should there be any foods that your child will not eat please inform us and we will adapt meals to suit them. As childminders it is impossible for us to prepare different meals for each child, therefore we would welcome your input as parents so that we can provide meals that are both healthy and appetising for the children.